

## Advisory Committee for Senior Citizens

A Regular meeting of the Advisory Committee for Senior Citizens was held on Thursday, May 6 2004 at the Troy Community Center. Chair JoAnn Thompson called the meeting to order at 10 AM.

<b>Present:</b>	JoAnn Thompson, Chair	David Ogg, Member
	Bill Weisgerber, Vice-Chair	Jo Rhoads – Member
	Merrill Dixon, Member	Steven Banch - Member
	Marie Hoag, Member	Carla Vaughan, Staff
	Jane Crowe, Member	

**Absent:** None

**Visitors:** Mary Kerwin, Carol Pochodylo

**Approval of Minutes**

Resolution # SC-2004-5-001  
Moved by Merrill Dixon  
Seconded by Jo Rhoads

RESOLVED, That the Minutes of April 1, 2004 be approved as amended.

Yes: 8  
No: 0

MOTION CARRIED

**Visitor Comments**

Mary Kerwin announced upcoming forums on the bond issue and the Troy High boosters' raffle.

**Old Business**

The Committee viewed a tape on how to use an AED and discussed their use at the Community Center.

**New Business**

None

## Reports

**Park Board:** Merrill Dixon handed out copies of the proposed Parks and Recreation budget and reported that the Park Board reviewed the budget at their last meeting.

**Medi-Go:** Carla reported that Medi-Go reached a milestone of 10,000 rides in 2003 and they gave 830 rides in February 2004.

**Lunch Attendance:** No report

**Senior Program Report:** Carla reported that 144 people attended the volunteer banquet which included a visit by the Mayor. Troy has been selected to host a senior activity workshop in March 2005. This national workshop is a cooperative effort between the American Association for Active Lifestyles and Fitness (AAALF) and the National Senior Games Association (NSGA) and is funded by the Center for Disease Control. It is for people age 50 and older who are sedentary, but interested in becoming active. The workshop also includes a training session for professionals who work with seniors to learn effective and safe physical activity programming. 74 people received a free massage from Blue Heron Massage academy students on April 12, and they will be back in June. Senior Week is going well, and Jo-Anne Stein is doing a great job.

**OLHSA:** No report.

**Suggestion Box:** The committee received one email regarding senior rates at Sylvan Glen – specifically why other senior programs start at age 55 but seniors do not get a discount on golf until age 62. This email was also forwarded to Carol Anderson as requested by the sender.

## Member Comments

Bill Weisgerber reported that there is lots of compost at the gardens. 54 gardeners returned, there are 16 new gardeners and eight vacant gardens including the two raised beds.

JoAnn Thompson offered to RSVP for everyone who was planning to attend the OLHSA volunteer appreciation banquet.

David Ogg announced that the Civic Center task force will meet again on May 12 to discuss development of the additional acres.

Bill Weisgerber asked that the Troy Daze Parade be added to the agenda next month.

Jane Crowe announced that this would be her last meeting.

The meeting was adjourned at 11:25 a.m.

Respectfully submitted,

JoAnn Thompson, Chair

Carla Vaughan, Secretary